

SINCE 1851

E. Wedel

PTASIE MLECZKO® SHAKES RECIPES



Choose your favorite version—ideas are provided below!
Add all the ingredients to a blender and blend until smooth.
Pour the shake into a glass and enjoy!



WHITE VELVET

- 1 level of Ptasiel Mleczko® Vanilla flavour
- 9 full tablespoons of Greek yogurt
- 100ml of white chocolate-flavoured syrup
- Ice cubes (optional)



VANILLA PETALS

- 1 level of Ptasiel Mleczko® Vanilla flavour
- 9 full tablespoons of Greek yogurt
- 140ml of rose-flavoured syrup
- 45ml of lemon juice
- Ice cubes (optional)



CHOCO MINT BERRY

- 1 level of Ptasiel Mleczko® Chocolate flavour
- 9 full tablespoons of Greek yogurt
- 120ml of white wild strawberry-flavoured syrup
- 30ml of mint-flavoured syrup
- Ice cubes (optional)



MINTY CLOUD

- 1 level of Ptasiel Mleczko® Cream flavour
- 9 full tablespoons of Greek yogurt
- 100ml of mint-flavoured syrup
- Ice cubes (optional)



PIÑA COLADA

- 1 level of Ptasiel Mleczko® Cream flavour
- 9 full tablespoons of Greek yogurt
- 100ml of pineapple-flavoured syrup
- 50ml of coconut-flavoured syrup
- 40ml of lemon juice
- Ice cubes (optional)

